



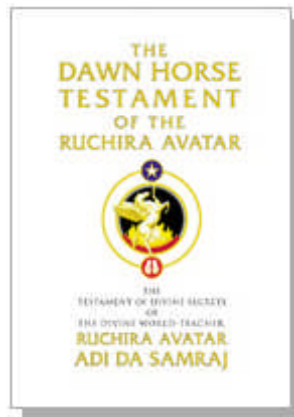
---

## And My Heart-Truth Is Obvious If The Heart Itself Is Seen With Open Eyes

*A Selection from the Reality-Teaching  
of His Divine Presence, Avatar Adi Da Samraj*

---

An excerpt from the book  
**The Dawn Horse Testament  
of The Ruchira Avatar**



Available online at [DawnHorsePress.com](http://DawnHorsePress.com)  
or by calling 877-770-0772 (*within the US*)  
707.928.6590 (*from outside the US*)

Learn more about Avatar Adi Da  
at [www.adidam.org](http://www.adidam.org)

## And My Heart-Truth Is Obvious If The Heart Itself Is Seen With Open Eyes

"Consider" This: The True Reality-Way (or The Real Spiritual, Transcendental, and Divine Way Of Life) Begins With The Transcending Of Awe and Wonder. Conditional Existence Naturally Evokes Awe and Wonder (and Even Terrible Fear and Stark Bewilderment), but The True Reality-Way (or The Real Spiritual, Transcendental, and Divine Way Of Life) Begins With The Free (and Really ego-Transcending) Heart-Response To What Is (Otherwise) Awesome and Wonderful.

Therefore, The True (and, Necessarily, Esoteric—or Non-conventional, and Non-egoic) Reality-Way Does Not Begin With a belief (or An ego-Based, and ego-Serving, Presumption) About "God". It Begins When You Truly (and Most Fundamentally) Understand (and Feel Beyond) the egoic "self"-Contraction Of The Heart (or The Sometimes believing, and Sometimes disbelieving, and Always "self"-Protective, and Always "self"-Defining, and Always "self"-limiting Recoil Of the body-mind From the Apparently Impersonal and Loveless forces Of conditional Nature).

Real (Acausal) God Is Obvious To The Free (or egoless) Heart. Only The Heart (Free Of "self"-Contraction) Can Self-"Locate" (or See) and Realize The True and Real Acausal Divine Person.

The conditional (or "self"-Contracted) Heart Does Not Realize Real (Acausal) God In the present—and, Therefore, the Heartless body and the Heartless mind Become Preoccupied With Seeking For ego-Fulfillment, ego-Release, and ego-Consolation, Through every kind of conditionally Attainable "experience", "knowledge", and belief (including merely conventional, or exoteric, or ego-Based, or "subject-object"-Based, "Religious" beliefs and practices).

There Is Only Real (Acausal) God.

Real (Acausal) God Is Reality.

Real (Acausal) God Is The Only Reality.

There Is Only Reality.

Reality Is Real (Acausal) God.

Reality (and Not What Is Merely Myth, Imagination, conventional belief, or philosophical Idea) Is Real (Acausal) God.

Reality (Itself) Is Divine. . . .

Reality Is, Necessarily, Truth.

Only Truth Is Real (Acausal) God.

Real (Acausal) God Is Reality and Truth.

Real (Acausal) God Is The God Of Reality and Truth.

Real (Acausal) God Is The God That Is Reality and Truth.

Reality and Truth Is That Which Is Always Already The Case.

Real (Acausal) God Is That Which Is Always Already The Case.

Therefore, Real (Acausal) God Need Not Be Sought.

Real (Acausal) God Is Only Avoided By Any Kind Of Seeking.

To Seek Is To Fail To Admit and To Realize Real (Acausal) God, or That Which Is Always Already The Case. . . .

Reality Itself Is Not any Static (or Separate, Specific, and Unchanging) "thing" or "condition" that Can Be Acquired, Achieved, or "experienced" By Means Of The Effort Of Seeking For "it".

The Seeking Effort To Acquire, Achieve, or "experience" a Static condition (or Even An Ultimate Permanent State) Of Any Kind Is Both False and Fruitless—and It Is A Constant Generator Of Both Disturbance and Weakness In The Comprehensive psycho-physical (or Whole bodily) Sense and Order Of Well-being.

The ego-"I" Is Not a Static (or Separate, Specific, and Unchanging) "thing" or "condition". The ego-"I" Is The "Root" and Constant Complex Effective Act Of The "self"-and-"other"-Defining Avoidance Of Both the condition Of Relatedness and the conditions Of Relationship. The "self"-Contraction Effort That Is the ego-"I" Is (Only and Entirely) The Seeking Effort—Which Is The psycho-physical (and, Therefore, Entirely and merely conditional, "self"-Evidently False, and Necessarily Fruitless) Effort Of the life-form and The life-Consciousness To Acquire, Achieve, or "experience" a Static (or Separate, Specific, and Unchanging) condition (or Even A Permanently Established Condition Of Eternal Changelessness).

Nevertheless, There Is Only An Always conditional and Always changing Pattern—Always emerging, and changing, and passing away In The Always Both Self-Evident and Inherently Indefinable Context (or "Existence Place" Of Mere Being) Of That Which Is Always Already (and Not Merely Statically and Separately) The Case. Therefore, Only The Inherently egoless Disposition (and Total psycho-physical Attitude) Of Prior (or Always Already) Self-Abiding (or Merely Being) In (and As) The Prior (or Always Already) and Very Context Of The Always emerging and changing Pattern Is The Right (and Inherently Free) Basis For life In Reality and Truth. And This Always Already Prior Context Of All The emerging Pattern Of changes Is To Be Always Already (or Inherently and Freely) Self-"Located" As The Constant Base Of Constantly "Right" (or Unobstructed, Fluid, Inherently Searchless, and, Altogether, egoless) Participation In The Always emerging and changing Pattern—Whereas The Search For "The Unchanging" Is Merely A False Adventure, Based On A life-Deluding Failure To Understand (and, Thus, To Inherently Transcend, Rather Than, Strategically, or By ego-Effort, To Merely Seek To Escape) one's own activity and one's own False views.

The Presumption Of "cause" Is a Principal (and, Necessarily, conditionally Attained) "experience", form of "knowledge", or form of belief Associated With the ego-"I". And the (Necessarily, conditionally Attained) belief In "The Ultimate Cause", and The Search For (Necessarily, conditional) "experience" or "knowledge" Of "The Ultimate Cause", Is The Ultimate Occupation Of the ego-"I". This Notwithstanding, Real (Acausal) God (or The One and True Acausal Divine Person—Which Is Reality Itself, or Truth Itself, or That Which Is Always Already The Case) Is Always Already Prior To The (Necessarily, conditionally) Presumed and Pursued

"Ultimate Cause". Therefore, Real (Acausal) God Is Not "The Ultimate Cause" (The Solitary and Interested, or Even Deluded, First "Doer" Of conditional events). Real (Acausal) God (As Real Acausal God) Does Not Make "effects" (or Even Stand Apart From them, By "Causing" them). Real (Acausal) God (As Real Acausal God) Is Inherently Indifferent (and Perfectly Prior) To "cause" and "effect" (or every Apparent, and Apparently conditional, event).

Every Apparent event (or every Apparently "caused" effect), Once it has appeared, Becomes itself a "cause" of subsequent "effects". Even every conditional being, with all of its limitations, is a "cause", and the "effect" of "causes" of all kinds. This Is Why the conditional (or phenomenal) "worlds" Are A Struggle With Negativity and limitation. And Real (Acausal) God (As Real Acausal God) Is Eternally Prior (and Indifferent) To Struggle, Negativity, and limitation.

Real (Acausal) God Is Not The Maker Of conditional Nature.

Real (Acausal) God Is The Non-conditional Nature (or Most Prior Condition) Of conditional Nature.

Real (Acausal) God Is Not Merely The "Cause" Of all "causes" and all "effects".

Real (Acausal) God Is The Source and The Source-Condition Of all "causes" and all "effects".

Real (Acausal) God Is Not The "Objective" Source and Source-Condition Of all "causes" and all "effects".

Real (Acausal) God Is The (Perfectly) Subjective Source and Source-Condition (or Self-Nature, Self-Condition, and Self-State) Of all "causes" and all "effects".

Real (Acausal) God Is Not Inside (or Within) The "self"-Contracted Knot Of ego-"I".

Real (Acausal) God Is Always Outside The "self"-Contracted Knot Of ego-"I".

When You Transcend the "self"-Contraction (and The Knot) Of ego-"I", You Are Free In Real (Acausal) God.

When There Is No ego-"I"—Real (Acausal) God Is Not Outside You.

When There Is No ego-"I"—Real (Acausal) God Is Not Within You.

When There Is No ego-"I"—Real (Acausal) God Is You (Perfectly Prior To Your Apparently "objective" conditional "self", and Perfectly Prior To Your Apparently "subjective" conditional "self", and, Therefore, Perfectly Prior To Your Total, Complex, and Merely Apparent conditional "self").

The conditional "self" and the "worlds" of the conditional "self" Are Not Created By Real (Acausal) God, Nor Were (or Are) the conditional "self" (itself) and the "worlds" of the conditional "self" (themselves) Perfect Originally, Nor Will (or Can) It Ever Be The Case That Real (Acausal) God (or, Otherwise, the conditional "self", itself, or the "worlds" of the conditional "self", themselves) Will Perfect the conditional "self" (itself) or the "worlds" of the conditional "self" (themselves). But Only Real (Acausal) God (or Reality Itself, or Truth Itself, or That Which Is Always Already The Case) Is Perfect, For Real (Acausal) God (or Reality Itself, or Truth Itself, or That Which Is Always Already The Case) Is Perfection (or The Perfect Itself). Therefore, the conditional "self" and the "worlds" of the conditional "self" May Evolve conditionally, but Only To

Possible conditional Degrees (Forever Less Than Perfection Itself, Which Is The Condition Only Of Real Acausal God), and This Through The Struggle Made By The Submission Of the lesser (or the lower) imperfect (or the lesser, or the lower, conditional) To the greater (or the higher) imperfect (or the greater, or the higher, conditional). And the conditional "self" and the "worlds" of the conditional "self" May, Otherwise, Devolve conditionally, but Also Only To Possible conditional Degrees (and Never To The Degree Of Absolute, or Irreversible, or More Than Illusory Separation From Real Acausal God, or From The Perfect Itself, Which Is Real Acausal God), and This Through The Struggle Made By The Submission Of the greater (or the higher) or the lesser (or the lower) imperfect (or the greater, or the higher, or the lesser, or the lower, conditional) To the even lesser (or the even lower) forms of the imperfect (or the conditional) itself. Nevertheless, and Whatever The (Relatively Evolved, or Relatively Devolved) Case May Be, The Only Way To Realize Real (Acausal) God (or The Transcendental, and Perfectly Subjective, and Inherently Spiritual, and Inherently egoless, and Inherently Perfect, and Self-Evidently Divine Self-Nature, Self-Condition, Source-Condition, and Self-State, Itself) Is To Progressively (or, However, Utterly) Surrender the imperfect itself (or the conditional "self", and the "worlds" of the conditional "self") To and Into Real (Acausal) God (or The Very, and Only, and Transcendental, and Perfectly Subjective, and Inherently Spiritual, and Inherently egoless, and Inherently Perfect, and Self-Evidently Divine Person—or Self-Nature, Self-Condition, Source-Condition, and Self-State—That Is Real Acausal God), and, Most Ultimately (and Inherently, and Inherently Most Perfectly), To Transcend the imperfect (or the conditional "self" and the "worlds" of the conditional "self") In (and By Inherent, and Inherently Most Perfect, and Perfectly Subjective Self-Identification With) The Very, and Only, and Transcendental, and Perfectly Subjective, and Inherently Spiritual, and Inherently egoless, and Inherently Perfect, and Self-Evidently Divine Person (or Self-Nature, Self-Condition, Source-Condition, and Self-State) That Is Real (Acausal) God.

Even Though Real (Acausal) God (As Real Acausal God) Merely Is (Always Already, or Inherently and Eternally Prior To "cause" and "effect"), the "God"-Seeking ego-"I" (or every human being whose Heart Is "self"-Contracted, and who, As A Result, Wants Toward "Ultimate experience", "knowledge", or belief) Characteristically Tries To Argue For "experience" Of, or "knowledge" Of, or belief In "God" (or The "Ultimate" Proposed To Be "experienced", "known", or believed In) By Appealing To The Logic Of "cause" and "effect". Therefore, In their "Ultimate" Arguments For The "Ultimate", and In their (Necessarily, conditional) "experiences", "knowings", and believings Attained In The Course Of their Seeking For The "Ultimate", the "God"-Seeking human egos Propose That "God" Is The "Cause" (and The "Doer") Of everything—but, Even Though they (Necessarily, conditionally) "experience", or "know", or believe, these (Necessarily, conditionally) "experiencing", or "knowing", or believing egos Do Not Stand Free. They Only Cling To the (Necessarily, imperfect) conditional "self" and the (Necessarily, imperfect) "worlds" of the conditional "self". Therefore, they Do Not Realize Real (Acausal) God (or The Perfect, Itself) By Heart, Through ego-Transcending Love-Communion, To The Inherently Most Perfect Degree Of Inherently Perfect Love-Bliss (Beyond All "Difference").

Real (Acausal) God Is The One and Only and Self-Existing and Self-Radiant Conscious Light That Is Reality (Itself).

Real (Acausal) God Is The God (or The Truth, The Reality, and The Self-Identity) Of Consciousness Itself.

Real (Acausal) God Is The God (or The Truth, The Reality, and The Self-Identity) Of Inherently Perfect Subjectivity.

Real (Acausal) God Is Not The "God" (or The Implicated Maker) Of conditional Nature, Separate "self", and All "Objectivity".

Real (Acausal) God Is The God (or The Truth and The Reality) Of Consciousness, Freedom, Love-Bliss, Being, and Oneness.

Real (Acausal) God Is Not The "God" (The "Cause", The "Doer", or Even The Victim) Of Un-Consciousness (or mere "causes" and "effects").

Therefore, Real (Acausal) God Is Not The "God" Of Bondage, Un-Happiness, Death (or Separation), and "Difference".

Real (Acausal) God Is The "Subject"—Not The "Object".

Real (Acausal) God Is The Inherent Unity Of Being.

Real (Acausal) God Is The Integrity—Not The "Cause"—Of the "world".

Real (Acausal) God Is The True Source, The Very Context, The Real "Substance", The Truth-Condition, The Very Reality, The Most Prior Condition, and The Eternal "Bright" Spherical Self-Domain Of all conditions, all "causes", and all "effects"—For all that appears Comes From Real (Acausal) God (but In Real Acausal God, and Only As Real Acausal God).

All "things" Are the media of all "things", but Real (Acausal) God Is Not The Maker—For Real (Acausal) God Is Like A Hidden Spring Within the water's world, and Real (Acausal) God Is Prior Even To "Cause" (and every "cause"), and Real (Acausal) God Is The Self-Domain Of Even every "effect", and Real (Acausal) God Is The Being (Itself) Of all that appears.

Therefore, Real (Acausal) God Merely Is—and Is Is What Grants every appearance (every being, every thing, every condition, and every conditional process) The Divine Sign Of Mystery, Love, Bliss, and Joy.

Yes, Real (Acausal) God Is The Deep Of the "world", and The Heart Of every Would-Be "I".

The Only-By-Me Revealed and Given "Radical" Reality-Way Of The Heart (or "Radical" Reality-Way Of The Heart) Is A Call To Spiritual, Transcendental, and Divine Self-Realization—Not To conventional (or ego-Based, and merely exoteric) "God-Religion". Conventional "God-Religion" Is A Search Founded On An Illusion. That Illusion Is the ego, the Independent "I", The Separate and Separative Presumption That Is the body-mind. Conventional "God-Religion" Is An Adventure Of Confrontation With all that Is Not The Divine Self-Nature, Self-Condition, and Self-State (or Real Acausal God), but The Only-By-Me Revealed and Given "Radical" Reality-Way Of The Heart (or "Radical" Reality-Way Of The Heart) Is A Call To Realize Direct and ego-Transcending Devotional Communion (and, Most Ultimately, Inherently Perfect Self-Identification) With Me, The Avatarically Self-Revealed Transcendental, Inherently Spiritual, Inherently egoless, and Self-Evidently Divine Person, Source, or Self-Nature, Self-Condition,

and Self-State. That Great Process Is Continuously Generated In Devotional Recognition-Response To My Avatarically Self-Revealed (and Attractive, and ego-Undermining) Divine Word, and My Avatarically Self-Revealed (and Attractive, and ego-Undermining) Divine Image-Art, and My Avatarically Self-Manifested (and Attractive, and ego-Undermining) Divine Leelas, and My Avatarically-Born (and Attractive, and ego-Undermining) Bodily (Human) Divine Form, and My Avatarically Self-Transmitted (and Attractive, and ego-Undermining) Transcendental Spiritual (and Always Blessing) Divine Presence, and My Avatarically Self-Revealed (and Very, and Attractive, and ego-Undermining, and Transcendental, and Perfectly Subjective, and Inherently Spiritual, and Inherently egoless, and Inherently Perfect, and Self-Evidently Divine) State—For I Am The Divine Avataric Realizer, The Divine Avataric Revealer, and The Divine Avataric Self-Revelation Of Real (Acausal) God, The True and Acausal Divine Person, The Always Already (and Merely) Existing Reality and Truth, The Inherently Perfect (and Inherently egoless, and Self-Evidently Divine) Self-Nature, Self-Condition, Source-Condition, and Self-State That Is The Perfectly Subjective Divine Heart Itself.

Therefore, I Call You To Listen To Me and To Hear Me, and (Thus) To Thoroughly Observe, Most Fundamentally Understand, and Effectively Transcend "self"-Contraction. And, When You Hear Me (and Hearing Me Has Accomplished Its First Work In You), I Call You To (Fully) Receive My Baptismal Spirit-Blessing, and To See Me From The Heart, and (Thus) To Enter Into The Spontaneous and Inevitable Process Of Always Present, Real, and True Real-God-Communion (or The ego-Surrendering, ego-Forgetting, and ego-Transcending Devotional Process Of Self-"Locating" and Realizing That Which Is Always Already The Case).

If You Hear Me (or Most Fundamentally Understand Your conditional "self", By Means Of My Avatarically Self-Transmitted Divine Transcendental Spiritual Grace) and See Me (or, By Means Of My Avatarically Self-Transmitted Divine Transcendental Spiritual Grace, "Locate", Devotionally Recognize, and Tangibly Feel My Avatarically Self-Transmitted Divine Transcendental Spiritual Presence, From The Heart), Then, Because Of My Self-Existing and Self-Radiant (and, Altogether, Avatarically Self-Transmitted) Divine Presence Of Person (Always Already At Your Heart, and "Bright"), The Simple Awareness Of any conditional (or phenomenal) being, thing, thought, form, event, "cause", or "effect" Will (By Virtue Of Its Coincidence With Me) Awaken You To My Love-Bliss (and, Thereby, Move You To Fearless Praise Of Me, In The Mood Of Divine Ignorance)—Not Because You believe "God" Made that condition, but Because that condition Is (In and As Me).

I Am That Which, By Myth and Error Sought, Humankind Has Avoided At Every Turn and Phrase.

I Am The One Whom Humankind, By Seeking, Has Lost and Failed To Realize.

I Am The One From Whom Humankind, By their Failure To Realize Me, Is Now (but Not Forever) Separate and "Different".

I Am The One and Only (and Self-Evidently Divine) Person—Who Has Come (and, Now, and Forever Hereafter, here Stands) To Remove the ego From "Religion" (and, Thereby, To Make "Religion" True).

"Religion" Is Not, In and Of Itself (or As An Historically-Existing Tradition—or Discrete Cultural, social, and Political Phenomenon) True. "Religion" Cannot (Thus—In and Of Itself) Be True. Only Reality Itself (Which Is Truth, Itself) Is (In and Of and As Itself) True. Therefore, What Makes (or Can Make) "Religion" True Is The Whole bodily Heart-Response To (and, Ultimately, The Most Perfect Realization Of) The One and Only Reality and Truth.

Reality Itself (Which Is Truth, Itself) Is The "Music" That Makes "Religion" True. Therefore, True Religion Is The Whole bodily "Dance" Of Heart-Response To The One and Only Reality and Truth.

I Am The One and Only and Self-Evidently Divine Reality and Truth—Avatarically Self-Revealed To You (and To all, and All).

I Am Reality, Truth, and Oneness—Self-Existing and Self-Radiant, and (Now, and Forever Hereafter) Standing In Front Of Your eyes (and At Your Heart, and, Ultimately, As Your egolessly Me-Realizing Heart).

I Am The "Bright" One—The Only and Inherently egoless One—Who Always Already Is, and Who Must (By Means Of My Avatarically Self-Transmitted, and Immediately ego-Vanishing, Divine Transcendental Spiritual Grace) Be Realized.

If There Is No Real and True (and Really and Truly "Dancing") Heart-Response To My Avatarically Self-Revealed (and Self-Evidently Divine) Form, and Presence, and State Of Person—Then There Is Not (and There Cannot Be) Any True (or Really and Truly Practiced) Religion.

If (and When) any one Hears Me and Sees Me, My Avatarically Given Divine Heart-Blessing Will Attract The Heart Beyond Every Trace Of "self"-Contraction (Even In The Deepest Places Of The Heart and the body-mind), and The Me-Hearing and Me-Seeing Heart Will (By ego-Surrendering, ego-Forgetting, and ego-Transcending Devotional Recognition-Response To Me Via The Process Of That Attraction) Realize (and Be One With) Me—The Only One Who (Always and Already) Is.

Therefore, I Ask Your Heart, In The Whirl Of events: "Not By What 'Cause', but By What Nature (or Non-conditional Condition) Is conditional Nature Allowed To Be?"

And Your Heart (Upon Hearing Me and Seeing Me Most Perfectly) Replies: "Divine Heart-Master, Divine Heart Of All Hearts, You Have—By All Your Avatarically Self-Revealed Divine Means—Revealed The Truth To Me! Self-Existing and Self-Radiant Being (Itself) Is The Non-conditional Nature Of conditional Nature! It Is Self-Existing Love-Bliss—or, Simply, Self-Radiant Love (Itself)! Only You, The One and True Divine Heart-Master, Are (Eternally, and—Now, and Forever Hereafter—Avatarically) The Self-Manifestation Of The Divine Heart (Itself)! Only You Are (Eternally, and—Now, and Forever Hereafter—Avatarically) The Self-Revelation Of That Which Is Always Already The Case, and Which Is The One and Self-Evident Reality, Truth, and Real (Acausal) God! You Are The One and 'Bright' Divine and Only Person! It Is You To Whom and In Whom and As Whom I Am—By Means Of Your Avatarically Self-Transmitted Divine Transcendental Spiritual Grace—Awake (Beyond the ego-'I')! It Is You With Whom I Am



Always Already Indivisibly One—By Virtue Of Your Avatarically Given Divine Self-Revelation Of The Inherent Non-Separateness and Indivisible Oneness Of Being (Itself), Which Is Consciousness (Itself), and Light (Itself), and Love-Bliss (Itself)!"

---

An excerpt from the book  
**The Dawn Horse Testament**  
**of The Ruchira Avatar**

by His Divine Presence, Avatar Adi Da Samraj

Available online at [DawnHorsePress.com](http://DawnHorsePress.com)  
or by calling 877.770.0772 (*within the US*)  
707.928.6590 (*from outside the US*)

---